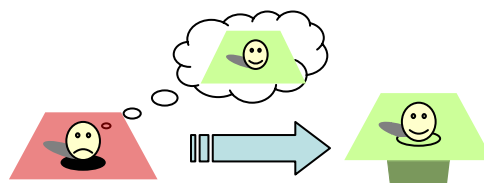


Planning to Live Well (shortened presentation)

In summary - Planning has three steps -

1. where are we now,
2. where do we want to be, and
3. how are we going to get there.



SAD because of the pitfalls and problems encountered everyday

HAPPY because I have the supports I need to live well.

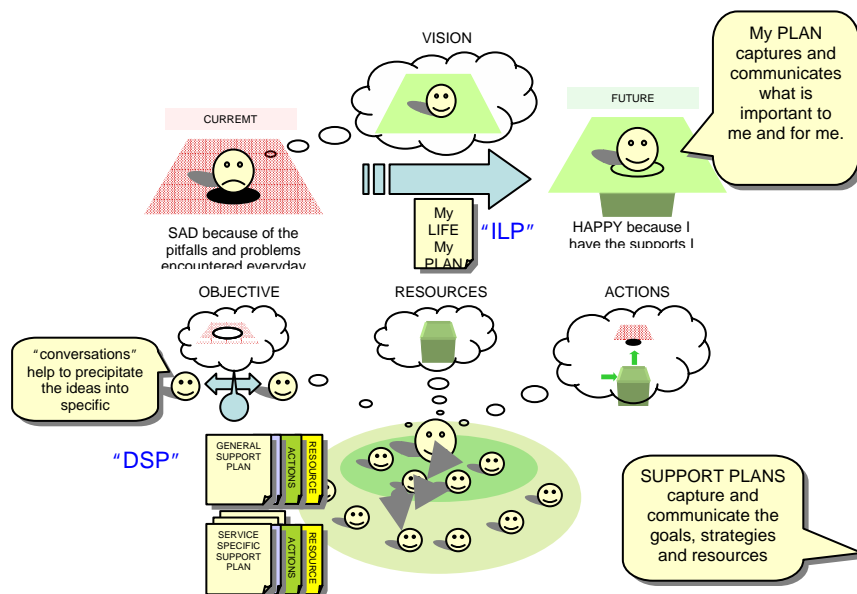
We start with someone who has a need.

We encourage them to dream

about how they would like things to be.

We work out how to get there.

We work out what sort of supports the person will need and how they would be applied. The result is something we call a "Life Plan", for example - "My Life My Plan".



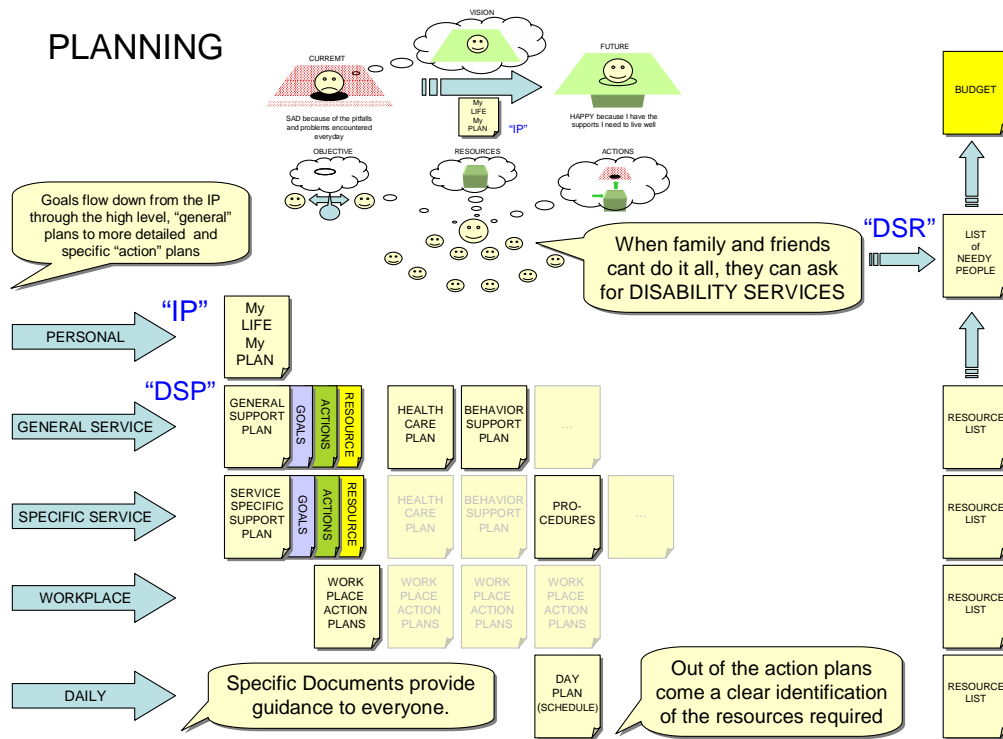
Conversations help to precipitate the ideas into more formal support plans. The Disability Support Plan (DSP) takes its direction from the requirements listed in the person's life plan. The support plan will list goals, actions and resources.

We look to the person's natural supports in order to find out if they can get what they need from there. If a person can't get all they need from their natural supports then we need to make an application to a wider audience - the community - via the Department of Human Services (and others).

If the Department of Human Services recognises a person as being "eligible" (someone deserving of their support) we can apply for formal support by getting the person and their needs listed on the Disability Support Register. A person can then take their life plan to any of the appropriate service providers and ask them to respond with a support plan.

Planning to Live Well (short version)

The resource requirements derived from the various plans can be reflected back up to the various funding bodies as a quote for approval and inclusion in a budget.



Depending on the complexity of need there may be as little as one support plan, simple and direct. But in some cases, there may be the need to define plans down to the level of Daily Activity Schedules.

The most 'fantastic' thing about this model is that if followed it would enable more efficient planning and management of resources. Just imagine if the outputs of all the plans were in a compatible format that would allow the automatic flow of performance and resource requirements!

Even so - while all this planning and the creation of all these documents might help with the preparation of budgets and the allocation of resources - we must never forget - its all about the person - its all about - **planning to live well.**

All of us need it. All of us can do it. All of us can help each other.